

NSMC Internal Medicine Residents 2019-2020

PGY-4

David Cardona Estrada, MD

Medical School: Universidad de Monterrey (UEM), Mexico

About me: Born, raised and trained in Monterrey, Mexico. I developed a passion for global health at a young age as I attended several catholic and medical missions during High school and Medical School. After practicing medicine and working in research at several cities in Spain, Mexico and United States, I came to NSMC for my Internal Medicine Residency. When I am not dreaming about becoming a global health cardiologist, you can find me playing soccer and trying to find the best taco spot in town.

PGY-3

Adam Matos, DO

About me: I am a Massachusetts native; born and raised in Lawrence MA by Portuguese immigrants. I completed all of my schooling in New England, making sure to stay close to family and friends. I developed a deep interest in medicine and a passion for patient care at a young age as I worked as a junior-technician at a very busy trauma center when I was 16 years old. After 14 years of aggressive pursuit, I graduated in 2017 from the UNE COM.

My clinical interests include: hospital medicine, addiction medicine, and primary care. I hope to eventually develop a unique model of practice that will allow me to pursue all of my interests and provide excellent care across both inpatient and outpatient settings.

When I'm not working in the wards, I can be found spending my spare time as an automotive mechanic, fishing on my kayak in local lakes and rivers, and restoring/repurposing furniture.

Jose Mena, MD

Medical School: Universidad Internacional del Ecuador

About me: I am from Quito, Ecuador. Before starting residency, I had the opportunity to teach pharmacology and physiology at my medical school. I really like to play soccer and spend quality time with my family. Clinical Interests: nephrology, rheumatology, ID.

Personal Interests: soccer, politics, watching movies, grilling with friends.

Yunus Emre Tarhan, MD

Medical School: Istanbul University Cerrahpasa Medical Faculty

About me: I was born and raised in Turkey. After my medical school, I decided to pursue translational research in the field of Hematology and Oncology. I worked with world renowned scientist Dr. Yusuke Nakamura for more than 2 years. Now, with all

the research experiences I have, I am going to integrate my knowledge to find solutions to intricate problems in clinical settings.

Clinical Interests: Hematology and Oncology or Rheumatology

Personal Interests: Soccer, traveling, Big fan of Besiktas.

Sohaib Ansari, MD

Medical School: Quaid-E-Azam Medical College, Pakistan

About me: Originally from a small town in Pakistan, I moved to the US after completing medical school. I had the fantastic experience of working in Endocrinology at Temple University Hospital, Philadelphia before starting my residency at NSMC.

Clinical Interests: General Internal Medicine / Hematology & Oncology.

Personal Interests: Spending time with my family, Writing, Squash, Xbox / PlayStation.

PGY-2

Caroline Cubbison, MD

Medical School: Universidad Iberoamericana, Santo Domingo, Dominican Republic

About me: I am a bicultural Latina who grew up in the Dominican Republic. I love spending time with my family (especially my dog!), and even more so when it is outdoors exploring all the awesomeness New England has to offer. Prior to residency I was fortunate enough to work on HIV research at MGH, working with underserved populations is a passion of mine.

I am interested in palliative care, pain medicine and rheumatology, and hope to improve the quality of life for all my patients.

Personal interests: Cooking (I make a mean paella, only surpassed by our family recipe chocolate cake); dreaming up travel itineraries near and far; listening to Radiolab; reading anything by Atul Gawande.

Allisa Alpert, DO

Medical School: Lake Erie College of Osteopathic Medicine, Pennsylvania.

About me: I was born in Houston, Texas but moved with my family to New England at age 10. Before medical school I worked as a medical assistant in downtown Boston for 3 years and it was a goal of mine to return to this area for residency. I have an interest in hospital medicine including pulmonary and nephrology critical care.

Faith Omede, MD

Personal interests: I'm an avid skier, play piano, read Sci-Fi/Fantasy, RuPaul, and enjoy good food. Winter is coming, and with it the next season of Game of Thrones (almost).

I went to medical school in V.N Karazin National University, Kharkiv, Ukraine. The second largest city in Ukraine. I grew up in a small town in Southern Nigeria. Having a sick sibling and my family's experience with the health care system propelled my interest in caring for people. After a degree in Microbiology, I sought further training

and jumped at the opportunity to study medicine in Ukraine. While there, I had the opportunity to do an elective in University of Kansas Medical Center and this further fueled my interest to practice here. Upon graduation, I was offered an opportunity to work in a research lab where I worked for a span of two years on CKD/ADPKD translational research.

I enjoy traveling and spending time in warm, sunny beaches. In my leisure time, I spend time with friends and family and enjoy bowling.

I am ultimately interested in Critical care and hospital medicine.

Usama Talib, MD

Med school: King Edward Medical University, Lahore, Pakistan

About me: I was born in Lahore, the “Food Capital” of Pakistan. I have some research experience at Harvard Medical School, Johns Hopkins University and some projects with Massachusetts Institute of Technology.

Personal Interest: I like playing soccer, badminton, cricket and tennis to name a few. I like to read, write, EAT and enjoy outdoor activities. I have won some local and national awards in debates and dramatics.

Sneha Lakshman, MD

Medical School: Sri Ramachandra Medical College and Research Institute, India

About me: I was born in India, and raised in Dubai, UAE. In my spare time I like baking and trying out new recipes. I am passionate about traveling and exploring new destinations.

Clinical Interests: Hematology and Oncology, Endocrinology

Personal Interests: I enjoy watching Tennis. I am a major Harry Potter and Game of Thrones fan.

Beenish Furquan MD

Medical School: Ross University School of Medicine, Dominica

About me: I was born in Pakistan, spent my childhood in Saudi Arabia and later grew up in Canada. I enjoy long road trips with my husband. And spending time with family.

Clinical interests: Community medicine, Pulmonary/Critical medicine,

Gastroenterology Personal Interests: travelling, household repair projects, cooking, driving up to Canada when i get the chance.

PGY-1

Alexander Gavralidis, MD

Medical School: Wroclaw Medical University, Poland

About me: I was born in Sweden, Stockholm and grew up there.

At the age of 20 I moved to Poland, Wroclaw to study medicine and finally my travels have taken me to the US. I enjoy spending time outside of work by visiting downtown Boston with friends, eating out and going to the movies.

Clinical Interest: I am currently interested in doing my best to develop into an independent, well-rounded internal medicine resident. During residency I will also be pursuing a fellowship in Heme/Oncology.

Arturo Castro Diaz, MD

Medical School: Universidad Autonoma de Guadalajara Facultad de Medicina, Mexico

About me:

Personal interests:

Anneris Estevez, MD

Medical school: Pontificia Universidad Católica Madre y Maestra (PUCMM), Dominican Republic

About me: I am originally from Lawrence, Massachusetts and have lived in different states growing up, as well as in Guatemala and the Dominican Republic. I believe life is about relationships and I enjoy spending time with family and friends!

Career interests: Primary Care, Geriatrics, Rheumatology

Nupur Dandawate, MD

Medical school: Kasturba Medical College, Manipal University, India

About me: I was born in India, grew up in Dubai and went back to India for medical school. I am extremely thankful I have been able to travel and explore many different cultures. I believe this helps me relate to and understand not only my patients, but most people I meet.

Clinical interest: Internal Medicine, Cardiology, Gastroenterology

Personal Interests: In my free time I enjoy tennis, writing, music, movies, fashion designing and dancing

Imama Ahmad, MD

Medical school: King Edward Medical University

About me: I was born and brought up in Pakistan. Besides Medical school, I used to teach under-privileged children in various schools across the city and started our own recently. I love travelling and socializing with people from different backgrounds.

Career interests: Cardiology, Gastroenterology.

Usman Mughal, MD

Medical School: Ross University, Dominica

Marta Mora Gonzalez, MD

Medical School: Universidad de La Laguna, Tenerife, Spain.

About me: I was born and raised in the Canary Islands (Spain), where I also attended Medical School. As an islander, I cannot live far away from the coast, and I really enjoy every kind of outdoor activity (from hiking in the mountains to swimming and snorkeling in the ocean). I am also passionate about music, dancing, and traveling.

After graduating from Medical School, I came to the US to pursue the best possible training in medicine. I spent my last 3 years living in sunny California's not so sunny San Francisco, working in the design and development of various clinical research projects in glaucoma at UCSF.

Career Interests: My ultimate goal is to become an Ophthalmologist, and I have a special interest in glaucoma care and prevention of blindness.

Alba Coraini, MD

Medical School: Humanitas University, Italy

I was born and raised in Milan, Italy, although I also have Spanish origins from my mom's side. My multicultural background and infinite love for travelling brought me all around the world in the past, including studying as an exchange student in St. Louis, Missouri, during high school. I still can picture myself 17-year old dissecting a pig's brain in the Anatomy Lab and being totally amazed by how complicated the neural architecture looked like. At the same time, all those intermingling neural structures were playing such a perfect symphony in my mind that I simply thought it was the most fascinating thing I had ever seen. That certainly represents the moment in which I acknowledged to myself that Neurology was *the* only pathway for me. After graduating from Humanitas University in Milan, I immersed myself completely in the care of patients affected by neuromuscular disorders and in the study of the genetics of ALS and snake-eyes sign associated motor neuron diseases. The molecular mechanisms underlying the nervous system physiological function as well as neurodegeneration are yet to be fully elucidated and I am strongly committed to further study and possibly contribute to this unique field of medicine.

Personal Interests: Outside of work, I enjoy swimming, jogging and being immersed in nature. However, my greatest passion is certainly horse-back riding. Taking care of my horse and galloping with him in the fields allows me to combine my unconditional love for animals with my sportive nature. It simply fills my heart.

Sophia Chan, DO

Medical School: University of New England

George Zhang, MD

Medical School: University of Vermont