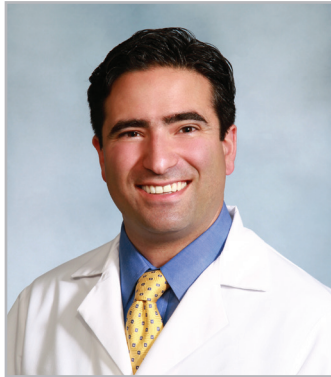




# NORTH SHORE Physicians Group



## Shared Medical Appointments: Learning Together - Sports Medicine and Non Surgical Orthopedics

A Shared Medical Appointment (SMA) provides patients with a 90-minute medical visit with Dr. Navid Mahooti and his clinical team, in the company of other patients with similar health related concerns.

- Visits are relaxed, not rushed and questions from patients and group discussions are encouraged.
- Prevention and treatment strategies are discussed in greater detail, which provides patients a better understanding of ways to achieve their personal health goals.
- Patients leave the appointment feeling empowered and equipped to make necessary changes to achieve their goals.
- Family members and caregivers are encouraged to attend and participate in the discussion.

Dr. Mahooti's SMA team includes two Certified Athletic Trainers, Kathey Moskal, M.S., A.T.C. and Jerry Gaglione, A.T.C., both of whom have extensive experience and expertise in sports medicine.

To learn more or to make an appointment, please ask the front desk staff or call 978-882-6700.

Dr. Mahooti's appointments are held on Wednesday mornings at 7:45 a.m.